

KOOKA'S CANTEEN

Open Wednesday, Thursday, Friday
 All orders need to be placed on
flexischools.com.au
 Cut off time for all orders is 8.30am
 Orders available for first break ONLY



To contact the Tuckshop Convenor,
 Jodi,
 email jhsstuckshop@gmail.com
 or call 3725 5648

HOT FOOD

Spaghetti Bolognese	\$5.50
with Cheese	\$6.00
Fried Rice (Vegetarian) (GF)	\$4.00
with Ham OR Chicken	\$4.50
Macaroni & Cheese (Vegetarian)	\$4.00
with Ham OR Chicken	\$4.50
Party Pie	\$1.50
Chicken Nuggets (3)	\$4.00
with Carrot Sticks	
with Corn on the Cob	
with Coleslaw	
Add extra 3 Nuggets	\$2.00
Hot Chicken Tender Wrap	\$6.00
Chicken Tenderloin, Lettuce & Sauce. Add Tomato, Carrot & Cheese	
Cheese Burger	\$5.00
Beef Patty, Cheese, Sauce	
Hamburger	\$6.00
Beef Patty, Cheese, Lettuce, Tomato, Carrot, Beetroot & Sauce	
Corn on the Cob	\$1.00

PIZZA

Served on a English Muffin with tomato paste & cheese

Cheese	\$1.50
Pineapple	\$2.00
Ham	\$2.00
Ham & Pineapple	\$2.00
Tomato & Spinach	\$2.50
BBQ Chicken	\$2.50

Chicken, Ham, BBQ Sauce

SANDWICHES & WRAPS

Available on Wholemeal Bread or a Wrap.
 Option to have it toasted

Strawberry Jam	\$2.00
Cheese	\$2.00
Add Tomato/Pineapple (50c)	\$2.50
Ham or Chicken	\$3.50
Add Cheese (50c)	\$4.00
Add Tomato/Pineapple (50c)	\$4.50
Salad & Cheese	\$4.00
Cheese, Lettuce, Tomato, Carrot, Cucumber & Beetroot	
Add Ham or Chicken (\$1.50)	\$5.50

SALADS

Garden Salad	Small	\$2.50
	Large	\$5.00
	Lettuce, Carrot, Cheese, Tomato, Beetroot, Cucumber & Pineapple	
Vermicelli Rice Noodle Salad (GF)		\$5.00
	Carrot, Cucumber, Red Cabbage, Mint, Asian style dressing	
Add Ham / Chicken		
	Small	\$1.00
	Large	\$1.50

SAUCES

Tomato / BBQ / Soy / Mayo / Sweet Chilli	50c
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KOOKA'S CANTEEN



SNACKS

Apple Slinky	\$1.00
Snack Pack	\$2.00
Plain Rice Crackers, Cheese, Carrot Sticks & Sultanas	
Cheese & Crackers	\$1.00
Plain Rice Crackers & Cheese	
Add Hummus	\$0.50
Chocolate Chip Cookie	\$1.00
Muffins	\$1.50
Berry	
Apple & Cinnamon	
Chocolate (GF)	
Banana Bread	\$1.50
Popcorn	\$1.00
Potato Chips - Sea Salt	\$2.00

FROZEN SNACKS

Frozen Orange OR Pineapple Ring	50c
Frozen Yoghurt Bark	\$1.00
Berry or Tropical	
Frozen Fruit Cup	\$1.50
Berries, Mango & Pineapple	
Frozen Banana Pop	\$1.00
Plain/Chocolate/Cinnamon	
Juicies - Assorted Flavours	\$1.00
Lemonade Icy Twist	\$1.50
Vanilla Icecream Cup	\$2.00
Twisted Frozen Yoghurt Cup	\$2.50
Assorted Flavours	

DRINKS

Water	\$2.00
Nudie Fruit Juice	\$2.50
Tropical	
Apple	
Orange	
Flavoured Milk	\$2.50
Chocolate	
Strawberry	
ChillJ Sparkling Fruit Juice	\$2.50
Cola	
Grape	
Raspberry	

BIRTHDAY ORDERS

All birthday orders require One Weeks notice to ensure we have everything in stock and time to prepare. For other dietary requirements please contact the tuckshop directly.

Cupcakes (30)	\$25.00
Chocolate, Vanilla or Mixed	
Gluten Free Cupcakes (30)	\$30.00
Chocolate, Vanilla or Mixed	
Lemonade Icy Twist (30)	\$35.00